

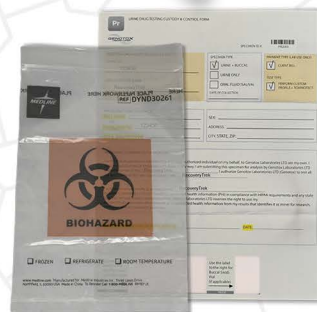
# Pr PROOF



## Urine Kit

## What's Inside

- ✓ Urine Collection Cup
- ✓ Buccal DNA Swab (for Initial test)
- ✓ Vacutainer Tube (x2)
- ✓ Tamper Seal Stickers
- ✓ Chain of Custody Form
- ✓ Specimen Bag
- ✓ FedEx Clinical Pak w/ return label



## Before You Begin

Please place your phone in the stand provided on the front flap of the PROOF box. Your phone should stand vertically so that you will be clearly in view of the app when the test begins.

Do not open the sealed bag until instructed to do so on camera. If you do so, the collection will be invalid. You'll want to ensure that your phone is in the do not disturb setting, and that you have alarms turned off. Interruptions will stop the recording and your collection will be invalid. You'll want to have your Government issued photo ID and an ink pen ready with you.



## Tips for a Successful Collection

The PROOF app will walk you through the steps of your collection using audio, visual, and text prompts.

**WAIT 20 MINUTES**   **NO EATING**   **NO DRINKING**   **NO SMOKING**



Please refrain from eating, drinking, or smoking for at least twenty minutes before your collection.

You'll want to ensure your smart phone has at least 50% battery life, at least 1GB of available storage space, and a strong network signal.



You'll want to have approximately twenty uninterrupted minutes to complete your collection.

You'll want to stay onscreen and within the guidelines shown to ensure an accurate collection. Your workspace should remain visible to the camera at all times, with your collection device clearly visible on a flat surface when not in your hand.



Do not minimize or close the PROOF app until you see "upload complete" on your video prompt.

Download the free  
PROOF+ app



## PROOF Urine Kit Instructions

**1** Locate the plastic urine collection cup and fill offscreen. Place on a flat workstation in full view of the app.



Tear open the clear package testing materials when prompted by the PROOF app. Place on a flat workstation in full view of the app.



**3** Remove the safety sticker from the top of the urine collection cup. Insert each Vacutainer tube, stopper side down, into the receptacle opening at the top of the lid. The tubes will fill to the appropriate level automatically.

Enter the letters and numbers from the barcode on the sticker over the vial and capture the barcode image when prompted in the app. The letters and numbers are the Specimen ID.



**7,8** Remove the swab from the swab tube. Rub the swab gently against the inside of your cheek from the top gum line to the bottom gum line in a rotating motion. Repeat up to 5 times. **(Initial test only)**

Immediately place the swab back into the swab tube and securely replace the cap. **(Initial test only)**



### BEFORE YOU TEST: *Make sure you have*

- ✓ Smartphone on Do-Not-Distrub mode
- ✓ An ink pen
- ✓ Government-issued photo ID
- ✓ Sealed testing packing (you will open on camera)



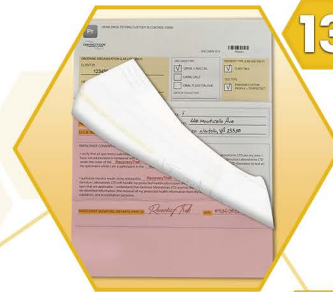
### AFTER YOU TEST:

- ✓ Capture your tracking number in the PROOF app
- ✓ Receive an 'Upload Complete' notification in app
- ✓ Schedule a pick-up using FedEx.com

**10,11** Place tamper evident stickers over the top and down the sides of the collection tubes.



Using an ink pen, please fill out the included COC form making sure to include your full name or participant ID number.



**13** Carefully separate the copies from the Chain of Custody & set aside the pink donor copy. Please keep this for your records.

Place the two Vacutainer tubes and the buccal swab in the lab seal specimen bag and seal the bag. Place the white chain of custody form in the outside pocket of the specimen bag.



**14** The urine collection cup will not need to be sent to the lab. You may discard with leftover testing materials.

Place the specimen bag in the FedEx Clinical Pak. The shipping label is already attached. After the test is complete, add the tracking information with your phone camera.

